

**August 4, 2024**  
**Eleventh Sunday after Pentecost**



Our Mission is to nurture each other in God's Word and spread the Good News of Christ to all.

## Setting One

### 820 O God, Our Help in Ages Past



- 1 O God, our help in a - ges past, our hope for years to come,  
2 Un - der the shad - ow of your throne your saints have dwelt se - cure;  
3 Be - fore the hills in or - der stood or earth re - ceived its frame,  
4 A thou - sand a - ges in your sight are like an eve - ning gone,



our shel - ter from the storm - y blast, and our e - ter - nal home:  
suf - fi - cient is your arm a - lone, and our de - fense is sure.  
from ev - er - last - ing you are God, to end - less years the same.  
short as the watch that ends the night be - fore the ris - ing sun.

- 5 Time, like an ever-rolling stream, soon bears us all away;  
we fly forgotten, as a dream dies at the op'ning day.
- 6 O God, our help in ages past, our hope for years to come,  
still be our guard while troubles last and our eternal home!

Text: Isaac Watts, 1674–1748, abr., alt. Tune: William Croft, 1678–1727 Text and tune: Public domain

*Stand*

In the name of the Father and of the + Son and of the Holy Spirit.

**Amen.**

## Confession

CW 154

If we claim to be without sin, we deceive ourselves and the truth is not in us.

**If we confess our sins, God is faithful and just**

**and will forgive us our sins**

**and purify us from all unrighteousness.**

Let us confess our sins to the Lord.

**Holy God, gracious Father,**

**I am sinful by nature**

**and have sinned against you in my thoughts, words, and actions.**

**I have not loved you with my whole heart;**

**I have not loved others as I should.**

**I deserve your punishment both now and forever.**

**But Jesus, my Savior, paid for my sins**

**with his innocent suffering and death.**

**Trusting in him, I pray: God, have mercy on me, a sinner.**

*Silence for meditation and reflection*

Our gracious Father in heaven has been merciful to us. He sent his only Son, Jesus Christ, who gave his life as the atoning sacrifice for the sins of the whole world. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the + Son and of the Holy Spirit.

**Amen.**

## **Lord, Have Mercy**

In peace let us pray to the Lord.



**Lord, have mer - cy.**

For the peace from above and for our salvation, let us pray to the Lord.



**Lord, have mer - cy.**

For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.



**Lord, have mer - cy.**

For this holy house and for all who offer here their worship and praise, let us pray to the Lord.



**Lord, have mer - cy.**

Help, save, comfort, and defend us, gracious Lord.



**A - men.**

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## Glory Be to God on High

CW 157



Glory be to God on high, and on earth peace, good will toward men.



We praise you, we bless you, we wor - ship you, we glorify you,



## Prayer of the Day

Let us pray.

Almighty and most merciful God, the protector of all who trust in you, strengthen our faith, and give us courage to believe that in your love you will rescue us from all adversities; through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**Amen.**

*Be seated*

## First Reading

## 2 Kings 6:8–17

Now when the king of Aram was waging war against Israel, he would make plans with his officials, saying, “My camp will be at such and such a place.”

<sup>9</sup>But the man of God would send a message to the king of Israel, saying, “Be careful when you pass this place because the Arameans are going down there.” <sup>10</sup>So the king of Israel would send scouts to the place that the man of God had pointed out. So the man of God warned him, and he was kept safe—and not just once or twice.

<sup>11</sup>The king of Aram was enraged because of this. He summoned his officials and said to them, “Won’t you tell me who of us is for the king of Israel?”

<sup>12</sup>One of his officials said, “No, my lord the king. It is Elisha, the prophet in Israel, who tells the king of Israel the words which you speak in your bedroom.”

<sup>13</sup>Then he said, “Go and see where he is. Then I’ll send men and capture him.”

He was told, “Dothan is where he is.”


<sup>14</sup>So he sent horses and chariots and a strong force there. They came at night and surrounded the city. <sup>15</sup>When the man of God’s servant got up early and went out, there were soldiers, horses, and chariots surrounding the city. So his attendant said to Elisha, “Oh no, my lord! What will we do?” <sup>16</sup>He answered, “Don’t be afraid, for those who are with us are more than those who are with them.” <sup>17</sup>Then Elisha prayed and said, “O LORD, open his eyes so that he can see.” Then the LORD opened the servant’s eyes, and he saw that the hills were full of horses and chariots of fire, all around Elisha.

The Word of the Lord.

**Thanks be to God.**

## 46A The LORD Almighty Is with Us

### Refrain



The LORD Al - might - y is  
with us; the God of Ja - cob is our for - tress.

### Tone



God is our ref- / uge and strength,  
an ever-present help in / trouble.  
Therefore we will not fear, though the / earth give way  
and the mountains fall into the heart / of the sea,  
though its waters / roar and foam  
and the mountains quake with their / surging. *Refrain*

There is a river whose streams make glad the cit- / y of God,  
the holy place where the Most / High dwells.  
God is within her, she / will not fall;  
God will help her at / break of day.  
“Be still, and know that / I am God;  
I will be exalted among the nations, I will be exalted / in the earth.”  
**Glory be to the Father and / to the Son  
and to the Holy / Spirit,  
as it was in the be- / ginning,  
is now, and will be forever. / Amen. *Refrain***

## Second Reading

## 2 Timothy 4:6–8,16–18

You see, I am already being poured out like a drink offering, and the time of my departure has come. <sup>7</sup>I have fought the good fight; I have finished the race; I have kept the faith. <sup>8</sup>From now on, there is reserved for me the crown of righteousness. The Lord, the righteous Judge, will give it to me on that day, and not only to me but also to everyone who loved his appearing.

<sup>16</sup>At my first hearing, no one came to my defense, but everyone deserted me. May it not be counted against them. <sup>17</sup>But the Lord stood by me and strengthened me, so that through me the message would be fully proclaimed and all the Gentiles would hear it, and I was rescued from the lion's mouth. <sup>18</sup>The Lord will rescue me from every evil work and will bring me safely into his heavenly kingdom. To him be the glory forever and ever. Amen.

The Word of the Lord.

**Thanks be to God.**

*Stand*

## Gospel Acclamation

CW 161



*Refrain*



*Tone*



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## Gospel

## Mark 6:45–56

Immediately Jesus made his disciples get into the boat and go ahead to the other side, to Bethsaida, while he himself dismissed the crowd. <sup>46</sup>After he had sent them off, he went up the mountain to pray.

<sup>47</sup>When it was evening, the boat was in the middle of the sea, and Jesus was alone on the land. <sup>48</sup>He saw them straining at the oars, because the wind was against them. About the fourth watch of the night, he went to them, walking on the sea. He was ready to pass by them. <sup>49</sup>When they saw him walking on the sea, they thought he was a ghost, and they cried out. <sup>50</sup>They all saw him and were terrified. Immediately he spoke with them and said, “Take courage! It is I. Do not be afraid.” <sup>51</sup>Then he climbed up into the boat with them, and the wind stopped. They were completely amazed, <sup>52</sup>because they had not understood about the loaves. Instead, their hearts were hardened.

<sup>53</sup>When they had crossed over, they landed at Gennesaret and anchored there. <sup>54</sup>As soon as they stepped out of the boat, people recognized Jesus. <sup>55</sup>They ran around that whole region and began to bring sick people on their stretchers to where they heard he was. <sup>56</sup>Wherever he entered villages, cities, or the countryside, they were laying sick people in the marketplaces and pleading with him that they might just touch the edge of his garment. And all who touched it were made well.

The Gospel of the Lord.

**Praise be to you, O Christ!**

*Be seated*

## 836 I Walk in Danger All the Way



1 I walk in dan - ger all the way; the thought shall nev - er  
 2 I pass through tri - als all the way, with sin and ills con -  
 3 Grim death pur - sues me all the way, no - where I rest se -  
 4 I walk with an - gels all the way, they shield me and be -



leave me that Sa - tan, who has marked his prey, is  
 tend - ing; in pa - tience I must bear each day the  
 cure - ly; he comes by night, he comes by day, he  
 friend me; all Sa - tan's pow'r is held at bay when



plot - ting to de - ceive me. This foe with hid - den snares  
 cross of God's own send - ing. Oft in ad - ver - si - ty  
 takes his prey most sure - ly. A fail - ing breath, and I  
 heav'n - ly hosts at - tend me. They are my sure de - fense;



may seize me un - a - wares if e'er I fail to  
 I know not where to flee, when storms of woe my  
 in death's strong grasp may lie to face e - ter - ni -  
 all fear and sor - row, hence! Un - harmed by foes, do



watch and pray; I walk in dan - ger all the way.  
 soul dis - may; I pass through tri - als all the way.  
 ty to - day; grim death pur - sues me all the way.  
 what they may, I walk with an - gels all the way.

- 5 I walk with Jesus all the way, his guidance never fails me;  
within his wounds I find a stay when Satan's pow'r assails me;  
and by his footsteps led, my path I safely tread.  
No evil leads my soul astray; I walk with Jesus all the way.
- 6 My walk is heav'nward all the way; await, my soul, the morrow,  
when you at last with joy can say farewell to sin and sorrow.  
All worldly pomp, begone! To heav'n I now press on.  
For all the world I would not stay; my walk is heav'nward all the way.

Text: tr. Ditlef G. Ristad, 1863–1938, alt.; Hans A. Brorson, 1694–1764 Tune: Geist-reiches Gesang-Buch, Halle, 1708, ed. Johann A. Freylinghausen  
Text and tune: Public domain

## **Sermon Fear Not, for the Lord is with You Mark 6:45-56**

*Stand*

### **Apostles' Creed**

**I believe in God, the Father Almighty,  
maker of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried.**

**He descended into hell.**

**The third day he rose again from the dead.**

**He ascended into heaven**

**and is seated at the right hand of God the Father Almighty.**

**From there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy Christian Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

## Prayer of the Church

Almighty God and Father, we thank you for all your mercies, especially for the gift of your Son, through whom you have revealed your gracious will. We praise you for the Holy Spirit and his working through the means of grace.

**Plant your Word in our hearts, and cause it to produce fruit in our lives.**

Strengthen and defend your Church, that by your Word and sacraments faith may grow and love toward all may increase.

**Support all who spread the light of your truth throughout the world.**

Keep our children in the grace of their baptisms. Enable their parents to train them in lives of faith.

**Raise up Christians to serve you in the ministry of the Word and in all godly walks of life.**

Preserve our nation in justice and honor. Guide and bless all who make, administer, and judge our laws.

**Give them wisdom that they may promote justice and hinder evil.**

Let your blessing rest on planting and harvest, commerce and industry, medicine and science, the arts and culture. Protect all who travel, and care for those whose work is difficult or dangerous.

**Be with all who devote themselves to any useful task.**

Comfort all who are in sorrow or need, sickness or adversity. Remember those who suffer persecution for the faith. Have mercy on those for whom death draws near.

**Grant them your love, and take them into your tender care.**

Hear us, Lord, as we pray in silence.

*Silent prayer*

We remember with thanksgiving those who have loved and served you, who now rest from their labors. Console those who are mourning or living with sadness.

**Keep us in the true faith, and bring us at last to the joys of heaven.**

Grant us these things, Father, for the sake of Jesus, who died and rose again. **Amen.**

## Offering/Good News for Kids

### 805 Eternal Father, Strong to Save

V. 1-4



1 E - ter - nal Fa - ther, strong to save, whose arm hath bound the  
2 O Christ, the Lord of hill and plain o'er which our traf - fic  
3 O Spir - it, whom the Fa - ther sent to spread a - broad the  
4 O Trin - i - ty of love and pow'r, our peo - ple shield in



rest - less wave, who bidd'st the might - y o - cean deep its  
runs a - main, by moun - tain pass or val - ley low, wher -  
fir - ma - ment, O Wind of heav - en, by thy might save  
dan - ger's hour; from rock and tem - pest, fire and foe, pro -



own ap - point - ed lim - its keep: O hear us when we  
ev - er, Lord, thy peo - ple go, pro - tect them by thy  
all who dare the ea - gle's flight, and keep them by thy  
tect them where - so - e'er they go; thus ev - er - more shall



cry to thee for those in per - il on the sea.  
guard - ing hand from ev - 'ry per - il on the land.  
watch - ful care from ev - 'ry per - il in the air.  
rise to thee glad praise from air and land and sea.

Text: William Whiting, 1825-1878, alt. Tune: John B. Dykes, 1823-1876

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*Stand*

Blessed Lord, you have given us your Holy Scriptures for our learning. May we so hear them, read, learn, and take them to heart that, being strengthened and comforted by your holy Word, we may cling to the blessed hope of everlasting life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

**Amen.**

## **Lord's Prayer**

**Our Father, who art in heaven,**

**hallowed be thy name, thy kingdom come,  
thy will be done on earth as it is in heaven.**

**Give us this day our daily bread;**

**and forgive us our trespasses, as we forgive those  
who trespass against us; and lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom**

**and the power and the glory  
forever and ever. Amen.**

## **Blessing**

The Lord bless you and keep you.

The Lord make his face shine on you and be gracious to you.

The Lord look on you with favor and † give you peace.

**Amen.**

## 849 Lord, Take My Hand and Lead Me



1 Lord, take my hand and lead me up - on life's way;  
2 Lord, when the tem - pest ra - ges, I need not fear;  
3 Lord, when the shad - ows length - en and night has come,



di - rect, pro - tect, and feed me from day to day.  
for you, the Rock of A - ges, are al - ways near.  
I know that you will strength - en my steps toward home.



With - out your grace and fa - vor I go a - stray;  
Close by your side a - bid - ing, I fear no foe,  
Then noth - ing can im - pede me, O bless - ed Friend;



so take my hand, O Sav - ior, and lead the way.  
for when your hand is guid - ing, in peace I go.  
so take my hand and lead me un - to the end.

Text: tr. Lutheran Book of Worship, 1978; Julie K. Hausmann, 1825–1901 Tune: P. Friedrich Silcher, 1789–1860

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## **Welcome to Lincoln Heights!**

We are glad you are here today to grow in the grace and knowledge of our Lord Jesus Christ. Please speak with an usher for any help.

## **Yellow Cards**

Please fill out a yellow card and place it in the offering plate when passed. Thank you.

## **In Our Prayers**

The Lord is eager to hear the prayers of thanks and petitions for help from his people. Please keep these members and families in your prayers. Contact Pastor to add someone to this list: Ukraine, Ray & Gloria Overson, Sherry Just and Randy Michael- shut-ins  
Pat Oswald, Makenzie Phippen, and Tom Rea - health  
Nichelle Hoey and Nura Jenka - expecting  
Kale Weis & Payton Yilek, Lucas Gilman & Karri Pippett, Zach Chicoine & Alexandria Lueck, Daniel Pfeifer & Paige Harmon - engaged couples

## **Online Giving**

Thank you for your generous and cheerful offerings to the Lord.  
[www.LHELC.org/giving](http://www.LHELC.org/giving)



## **Usher Volunteers Needed**

Ushers ensure that the service runs smoothly so worshipers can focus on the Word of God. If you would like to usher, contact Chad Virden at 515-720-5152.

## **Thank You to Today's Helpers**

**Accompanist 8 am:** Kris Olson

**10:30 am:** Donna Bakken

**Altar Guild:** Denise Menzel & Joyce Russell

**Counters:** Greg Lewis & Jeff Overson

**Mowing 8/4-8/10:** Brad Pippett

**Streaming:** Peter Nolte

**Ushers 8 am:** TBA

**Ushers 10:30:** TBA

## **Next Sunday's Servants**

**Accompanist 8 am:** Buffy Kokke

**Altar Guild:** Denise Menzel & Joyce Russell

**Counters:** Karl Kuhrt & Steve Winecke

**Mowing 8/11-8/17:** John Hoey

**Streaming:** Peter Nolte

**Ushers 8 am:** TBA

**Ushers 10:30:** TBA

## **Wedding Showers**

Join us to celebrate the upcoming weddings of Payton Yilek to Kale Weis and Alexandria Lueck to Zachary Chicoine on August 11. There will be a light lunch served downstairs after the second service. If you would like to bless either couple with a gift, Payton and Kale are registered at [amazon.com/wedding/share/pkweiswedding](http://amazon.com/wedding/share/pkweiswedding) and Alex and Zach are registered at Amazon, Target and The Knot.



## **Can You Help?**

Volunteers are needed to help transfer the food Hy-Vee gives us to deliver it to a shelter, food pantry, schools on the southside and to our own church. We do it seven days a week usually from 9:45-10:30 am. This food allows our church to deliver meals to the homeless on Sunday mornings and stock our freezers if food is needed for anyone. If you're interested in helping on a weekly basis or be on call as a back up, talk to Paul Menzel. You'll usually find him preparing meals in the church basement between 9-9:30 am on Sundays. Thank you.

## **Prepare for Next Sunday**

For a simple devotional reading plan, review the readings for this week on Monday through Wednesday. Then read the Scripture for next Sunday on Thursday through Saturday. The Word for next Sunday: *Exodus 16:15-31, John 6:24-35, 1 Corinthians 10:1-5, 11-13*

## **Forward in Christ - Aug. 2024**

The August issue of Forward in Christ is available on the shelf outside the sanctuary. If you prefer to look at it online, go to [forwardinchrist.net](http://forwardinchrist.net).

What do a firepit, coffee shop and walking path have in common? They are all places where people can connect. Three congregations share how they incorporated elements like these into their properties - all to open doors for new relationships and meaningful conversations about the one thing needed, Jesus. See page 10.

The "Please explain" article focuses on our need for Jesus as we go through troubles and suffering on earth. It examines the question "Is it true that God will never give us more than we can handle?" See page 30.

Three moms share their thoughts on how to help and what to say to parents with a child who has special needs. Read it on page 18.

Discover a modern version of the parable of the prodigal son, this time a daughter who receives forgiveness from her parents, children, and Savior after years of drug addiction. See page 7.

**THIS WEEK AT LINCOLN HEIGHTS**  
**August 4 - 11, 2024**

Sunday	8:00 am	Worship
	9:00 am	Homeless Meal Delivery
	10:30 am	Outdoor Worship and Picnic
Thursday	10:00 am	Women's Fellowship Group
Saturday	12:00 pm	Sudanese Meeting
Sunday	8:00 am	Worship with Communion
	9:00 am	Homeless Meal Delivery
	9:15 am	LES Committee Meeting
	10:30 am	Worship with Communion
	10:30 pm	Kunama Worship
	11:30 am	Wedding showers for Kale & Payton and Zach & Alexandria



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