Our Mission is to nurture each other in God's Word and spread the Good News of Christ to all.

# June 2, 2024 Second Sunday after Pentecost

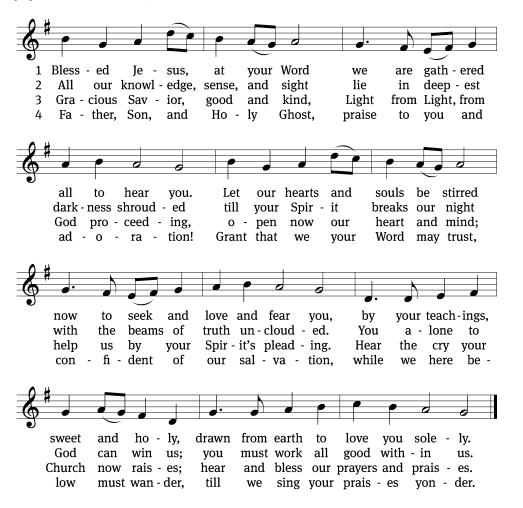


#### **Prepare for Worship**

Gracious God, you nourish my faith with the good news that you have forgiven my sins in Christ. Let the gospel be proclaimed by all who come to worship today: by ministers called to preach the gospel, by musicians who adorn the gospel with beauty, and by all who proclaim the gospel in song and prayer. Let the miracle of your forgiving love touch my heart and the hearts of all.

## **Setting Two**

#### 919 Blessed Jesus, at Your Word



Text (sts. 1–3): tr. Catherine Winkworth, 1827–1878, alt.; (sts. 1–3): Tobias Clausnitzer, 1619–1684; (st. 4): tr. unknown, alt.; (st. 4): Geistreiches Gesang-Büchlein, Berlin, 1707 Tune: Johann R. Ahle, 1625–1673, alt. Text and tune: Public domain

Stand

#### Invocation

In the name of the Father and of the + Son and of the Holy Spirit. **Amen.** 

Confession CW 172

If we claim to be without sin, we deceive ourselves and the truth is not in us. If we confess our sins, God is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Let us confess our sins to the Lord.

Holy God, gracious Father,

I am sinful by nature

and have sinned against you in my thoughts, words, and actions.

I have not loved you with my whole heart;

I have not loved others as I should.

I deserve your punishment both now and forever.

But Jesus, my Savior, paid for my sins with his innocent suffering and death.

Trusting in him, I pray: God, have mercy on me, a sinner.

Silence for meditation and reflection

Absolution CW 172

Our gracious Father in heaven has been merciful to us. He sent his only Son, Jesus Christ, who gave his life as the atoning sacrifice for the sins of the whole world. Therefore, as a called servant of Christ and by his authority, I forgive you all your sins in the name of the Father and of the + Son and of the Holy Spirit.

#### **Lord, Have Mercy**

CW 174

In peace let us pray to the Lord.

#### Lord, have mercy.

For the peace from above and for our salvation, let us pray to the Lord.

#### Lord, have mercy.

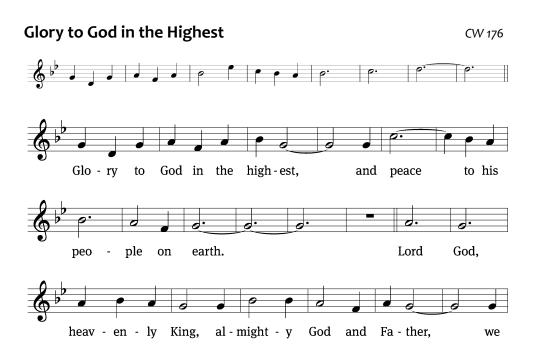
For the peace of the whole world, for the well-being of the Church of God, and for the unity of all, let us pray to the Lord.

#### Lord, have mercy.

For this holy house and for all who offer here their worship and praise, let us pray to the Lord.

### Lord, have mercy.

Help, save, comfort, and defend us, gracious Lord.







# The Word

#### **Salutation**

The Lord be with you. **And also with you.** 

## **Prayer of the Day**

Let us pray.

Eternal God, your Son, Jesus Christ, is our true Sabbath rest. Help us to keep each day holy by receiving his Word of comfort that we may find our rest in him, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Amen.

Be seated

#### **First Reading**

## Deuteronomy 5:12-15

<sup>12</sup>Observe the Sabbath day by setting it apart as holy, just as the LORD your God commanded you. <sup>13</sup>Six days you are to serve and perform all of your regular work, <sup>14</sup>but the seventh day is a sabbath rest to the LORD your God. You are not to do any regular work, you or your son or your daughter or your male servant or your female servant or your ox or your donkey or any of your livestock or the alien who resides inside your gates, in order that your male servant and your female servant may rest like you. <sup>15</sup>Remember that you were slaves in the land of Egypt and that the LORD your God brought you out from there with a strong hand and an outstretched arm. Therefore the LORD your God commanded you to keep the day of rest.

The Word of the Lord.

Thanks be to God.

#### 62B Rest in God Alone





Truly my soul finds / rest in God; my salvation / comes from him. Truly he is my rock and my sal- / vation; he is my fortress, I will never be / shaken. Yes, my soul, find / rest in God; my hope / comes from him. *Refrain* 

Though your rich- / es increase,
do not set your / heart on them.

My salvation and my honor de- / pend on God;
he is my mighty rock, my / refuge.

Trust in him at all times, you / people;
pour out your hearts to him, for God is our / refuge.

Glory be to the Father and / to the Son
and to the Holy / Spirit,
as it was in the be- / ginning,
is now, and will be forever. / Amen. Refrain

Text: Lectionary for Mass
Tune: Luke Mayernik
Text: © 1969, 1981, 1997 ICEL (refrain). Used by permission: OneLicense no. 722518
Tune: © 2017 Birnamwood Publications, a division of MorningStar Music Publishers, Inc. Used by permission: OneLicense no. 722518
Setting: © 2021 Northwestern Publishing House. Used by permission: OneLicense no. 722518

## **Second Reading**

### Colossians 2:13-17

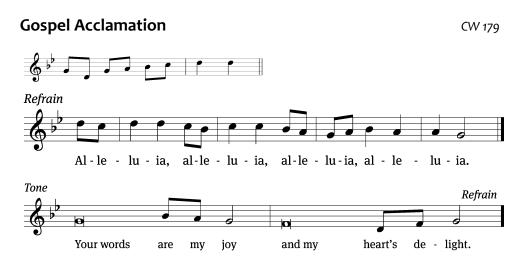
<sup>13</sup>Even when you were dead in your trespasses and the uncircumcision of your flesh, God made you alive with Christ by forgiving us all our trespasses. <sup>14</sup>God erased the record of our debt brought against us by his legal demands. This record stood against us, but he took it away by nailing it to the cross. <sup>15</sup>After disarming the rulers and authorities, he made a public display of them by triumphing over them in Christ.

<sup>16</sup>Therefore, do not let anyone judge you in regard to food or drink, or in regard to a festival or a New Moon or a Sabbath day. <sup>17</sup>These are a shadow of the things that were coming, but the body belongs to Christ.

The Word of the Lord.

Thanks be to God.

Stand



Tune: @ 1983, 1984 GIA Publications, Inc. Used by permission: OneLicense no. 722518

Mark 2:23—3:6

<sup>23</sup>Once on a Sabbath day, Jesus was passing through the grain fields, and his disciples began to pick heads of grain as they walked along. <sup>24</sup>The Pharisees said to him, "Look, why are they doing what is not lawful on the Sabbath day?"

<sup>25</sup>He replied to them, "Have you never read what David did when he was in need and hungry (he and his companions)? <sup>26</sup>He entered the house of God in the time of Abiathar the high priest and ate the Bread of the Presence, which is not lawful for anyone to eat, except for the priests. He also gave some to his companions."

<sup>27</sup>Then Jesus said to them, "The Sabbath was made for man, not man for the Sabbath. <sup>28</sup>So the Son of Man is the Lord even of the Sabbath."

¹Jesus entered the synagogue again, and a man was there with a withered hand. ²They were watching Jesus closely to see if he would heal the man on the Sabbath day, so that they could accuse him. ³He said to the man with the withered hand, "Step forward!" ⁴Then he said to them, "Is it lawful on the Sabbath day to do good or to do evil, to save life or to kill?" But they were silent. ⁵Then he looked around at them with anger, deeply grieved at the hardness of their hearts. He said to the man, "Stretch out your hand." The man stretched it out, and his hand was restored. ⁶The Pharisees left and immediately began to conspire against Jesus with the Herodians, plotting how they might kill him.

The Gospel of the Lord.

Praise be to you, O Christ!

Be seated

#### 703 I Heard the Voice of Jesus Say

and in that light



Text: Horatius Bonar, 1808-1889, alt. Tune: English; adapt. Ralph Vaughan Williams, 1872-1958, alt. Text and tune: Public domain

of

## Sermon Rest is a Gift, Not Something to Be Earned Mark 2:23-3:6

life I'll walk till trav-'ling days are done.

Stand

### **Apostles' Creed**

I believe in God, the Father Almighty, maker of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into hell.
The third day he rose again from the dead.
He ascended into heaven
and is seated at the right hand of God the Father Almighty.
From there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

#### Prayer of the Church

Eternal Lord, give us peace as we ponder the good news that you forgive our sins in Christ. Lead us to see clearly the path you have laid out for us.

Work in us so that we believe and live the Word we have heard today.

Provide courage and compassion to all who preach and teach your Word. Fill them with a love like yours as they proclaim your grace to us and all people.

Move us to love all ministers of the Word wherever they serve.

Guard and guide the families of our congregation. Lead husbands and wives to love each other with commitment, respect, and patience. Help parents to grasp the eternal value of keeping their children close to Jesus all their lives. Grant joy to those who are single, and make them a blessing to others.

Protect us from the temptations that surround us; give us pure hearts and minds.

Provide wisdom and insight to those who make laws and set policies. Give us respect for those who protect us from crime. Lead us to value the rights of our fellow citizens and to defend those who cannot defend themselves.

Bless our land with peace and prosperity so that the gospel may be proclaimed to all.

Give us passion to share the story of your love with our family and friends. Overcome unbelief, and open the hearts of people everywhere to believe the good news that Jesus has forgiven their sins and opened the gates of heaven.

Fill us with joy over every sinner who repents and comes to trust in you.

Extend your healing power to those who are sick and suffering in body or mind. Give patience and compassion to all who care for the sick and dying.

Lift the eyes of the distressed to your love in Christ.

Hear us, Lord, as we pray in silence.

Silent prayer

Gracious God, you govern and direct all things and you love all people. Hear our prayers, spoken and silent, and answer them in your wisdom and grace.

In Jesus' name we pray. Amen.

Be seated

**Good News for Kids** 

Offering

#### 818 My Soul Finds Rest in God Alone



#### Stand

Blessed Lord, you have given us your Holy Scriptures for our learning. May we so hear them, read, learn, and take them to heart that, being strengthened and comforted by your holy Word, we may cling to the blessed hope of everlasting life; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever.

Amen.

## Lord's Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven.

Give us this day our daily bread;

and forgive us our trespasses, as we forgive those

who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom

and the power and the glory forever and ever. Amen.

#### **Blessing**

The Lord bless you and keep you.

The Lord make his face shine on you and be gracious to you.

The Lord look on you with favor and + give you peace.

### 927 Lord, Dismiss Us with Your Blessing



Text: attr. John Fawcett, 1740–1817, alt. Tune: Henry T. Smart, 1813–1879 Text and tune: Public domain

## **Acknowledgments**

Unless otherwise noted, Scripture quotations are from the Holy Bible, Evangelical Heritage Version® (EHV®) © 2017 Wartburg Project. All rights reserved. Used by permission. Liturgical and musical settings of Scripture based on text from The Holy Bible, New International Version®, NIV®. Copyright © 1973, 1978, 1984, 2011 by Biblica, Inc. TM Used by permission of Zondervan. All rights reserved worldwide. Software distributed in partnership with Northwestern Publishing House. Created by Christian Worship: Service Builder © 2024 Concordia Publishing House. All materials reprinted under OneLicense.net A-722518.

## THIS WEEK AT LINCOLN HEIGHTS June 2 - 9, 2024

Sunday	8:00 am 8:45 am 9:15 am 10:30 am 11:35 am	Worship Homeless Meal Delivery LES Committee Meeting Worship/Kunama Worship Handbell Practice
Monday	5:15 pm	Church Council
Wednesday	7:00 pm	Bible Class
Thursday	10:00 am	Women's Fellowship Group
Saturday	9:00 am 4:00 pm	Hike at Brown's Woods Game Night
Sunday	8:00 am 8:45am 10:30 am	Worship with Communion Homeless Meal Delivery Worship/Kunama Worship

#### Welcome to Lincoln Heights!

We are glad you are here today to grow in the grace and knowledge of our Lord Jesus Christ. Please speak with an usher for any help.

#### **Yellow Cards**

Please fill out a yellow card and place it in the offering plate when passed. Thank you.

#### **In Our Prayers**

The Lord is eager to hear the prayers of thanks and petitions for help from his people. Please keep these members and families in your prayers. Contact Pastor to add someone to this list:

Ukraine,

Ray & Gloria Overson, Sherry Just and Randy Michael- shut-ins

Pat Oswald, Makenzie Phippen, and Tom Rea - health

Nichelle Hoey - expecting

Kale Weis & Payton Yilek - engaged

Lucas Gilman & Karri Pippett - engaged

## **Online Giving**

Thank you for your generous and cheerful offerings to the Lord. www.LHELC.org/giving

## Thank You to Today's Helpers

Accompanist: Donna Bakken

Altar Guild: Abbey Norton & Tammy Rummel Counters: Steve Winecke & Dave Rasmussen

Mowing: Kathy Lewis

**Streaming:** TBA

Ushers 8 am: James Norton Jr. & James Norton III

Next Sunday's Servants Accompanist: Jill Rasmussen

**Altar Guild:** Abbey Norton & Tammy Rummel **Counters:** Leon Burger & Cassandra Canny

Mowing: Brad Pippett

**Streaming:** TBA

Ushers 8 am: James Norton Jr. & James Norton III



#### **Prepare for Next Sunday**

For a simple devotional reading plan, review the readings for this week on Monday through Wednesday. Then read the Scripture for next Sunday on Thursday through Saturday. The Word for next Sunday: *Genesis 3:8-15, Revelation 20:1-6, Mark 3:20-35* 

#### **Interested in Playing Hand Bells?**

The hand bell choir played some beautiful pieces for us this year. Perhaps the thought of playing crossed your mind while they played. Please contact Sarah Riese if you would like to join the handbell choir for next year. srriese@gmail.com

#### Nature Walk -June 8

Join us at Brown's Woods (65 SE Brown's Woods Drive, West Des Moines) for a devotion and nature walk. We will break into groups depending on how far people want to hike. Meet at the trailhead at 9:00 am.

#### **Branches Band Concert - Thursday, June 20**

Join Branches Band for a FREE Christian concert! A meal will be provided at 5:30 pm. The hour-long concert will start at 6:30 pm and will feature beloved hymns as well as original songs based on Scripture. Branchesband.com

#### LINCOLN HEIGHTS EVANGELICAL LUTHERAN CHURCH

1217 Watrous Avenue, Des Moines, Iowa

Phone: (515) 288-3013 www.lhelc.org

A member of the Wisconsin Evangelical Lutheran Synod (WELS)

Pastor Mathew Pfeifer 515-771-5111 pastor@lhelc.org Secretary
Paula Twelmeyer
515-288-3013
secretary@lhelc.org